

HONG KONG AMATEUR SWIMMING ASSOCIATION

L (50th) Festival of Sport – Olympic Time Trial I

Rules & Regulations

Amended on 15.03.2007

Date	<p><u>Day 1 14/4/07 (Sat)</u> Warm Up: 0800-0845 Start: 0900 Warm Up: 1300 - 1345 Start: 1400</p>	<p><u>Day 2 15/4/07 (Sun)</u> Warm Up: 0800-0845 Start: 0900 Warm Up: 1300-1345 Start: 1400</p>
Organizer	Sports Federation & Olympic Committee of Hong Kong, China	
Co-Organizer	Hong Kong Amateur Swimming Association	
Subvented Body	Leisure and Cultural Services Department	
Venue	Shing Mun Valley Swimming Complex	
Entry Conditions	<ul style="list-style-type: none"> ❖ All competitors must be 2007/08 registered swimmers (SW) of HKASA ❖ Swimmers should reach the qualifying standard as attached 	
Entries/Scratch	<ul style="list-style-type: none"> ❖ Entries must be submitted with HKASA master entry forms & fees. Incorrect information or not qualified swimmers will be rejected and fees paid will not be refunded. ❖ Late entries will not be accepted. ❖ Scratch must be submitted 30 minutes before the scheduled start time of each session. A fine of \$20 will be charged for each "no show". ❖ HK\$12.00 per event. 	
Closing Date for Entries	<u>30 March 2007 (Friday) at 1700 hour</u>	
Closing Date for Registration	<u>23 March 2007 (Friday) at 1700 hour</u>	
Event list and Qualifying Standards	Please refer to the attached list.	
Format	Timed Final	
Seeding Format	<ul style="list-style-type: none"> ❖ All swimmers will be seeded according to the submitted entry times and will compete together. 	
Awards	<ul style="list-style-type: none"> ❖ SF & OC participating certificates to all swimmers. ❖ Medals will be awarded to 1st, 2nd and 3rd places provided by SF & OC. Swimmer not meeting the respective qualifying times will not be awarded medals. ❖ <u>Challenge Cup for Clubs' Men / Women Team</u>: presented to club who has the highest accumulated pointscore in the HK LC Pointscore from FOUR (4) different male / female swimmers of its club. (In case of a tie, winner will be determined by the pointscore of fifth swimmer.) ❖ <u>Challenge Cup for Outstanding Male / Female Swimmer</u>: presented to male / female who achieve the highest pointscore (calculated to 2 decimal places) in individual events. (In case of a tie, winner will be determined by the swimmers' second highest scored event obtained.) ❖ Special awards will be presented to swimmers who break Hong Kong Records. 	
Rules	FINA & HKASA Rules will apply.	
Protest	<ul style="list-style-type: none"> ❖ Any protest shall be made in writing to the Referee within 30 minutes following the result announcement of the respective event with an appeal fee of HK\$200. ❖ If the protest is rejected, fee paid will be forfeited to the HKASA. 	

Event List for L (50th) Festival of Sport - Olympic Time Trial I

Venue: Shing Mun Valley Swimming Complex

Date: 14-15 April 2007

Day 1						
Women	QT	Event			QT	Men
			100M	Freestyle	0:57.65	1
2	2:23.07	Freestyle	200M			
			50M	Breaststroke	0:34.09	3
4	1:25.67	Breaststroke	100M			
			400M	Ind. Medley	5:21.70	5
6	1:13.58	Butterfly	100M			
			100M	Backstroke	1:09.58	7
8	0:35.45	Backstroke	50M			
Lunch Break						
			200M	Butterfly	2:26.04	9
10	2:39.97	Ind. Medley	200M			
			400M	Freestyle	4:38.72	11
12	0:30.19	Freestyle	50M			
			200M	Breaststroke	2:45.30	13
14	10:19.56	Freestyle	800M			
			50M	Butterfly	0:29.34	15
16	2:43.18	Backstroke	200M			
Day 2						
			200M	Freestyle	2:12.16	17
18	1:05.12	Freestyle	100M			
			100M	Breaststroke	1:15.94	19
20	0:39.36	Breaststroke	50M			
			100M	Butterfly	1:06.03	21
22	5:55.40	Ind. Medley	400M			
			50M	Backstroke	0:32.04	23
24	1:16.26	Backstroke	100M			
Lunch Break						
			200M	Ind. Medley	2:29.54	25
26	2:42.03	Butterfly	200M			
			50M	Freestyle	0:26.23	27
28	4:58.16	Freestyle	400M			
			1500m	Freestyle	18:47.16	29
30	3:04.32	Breaststroke	200M			
			200M	Backstroke	2:29.14	31
32	0:33.31	Butterfly	50M			