

HONG KONG AMATEUR SWIMMING ASSOCIATION

XLVIII Festival of Sport – Long Course Swimming Time Trial

Rules & Regulations

Amended on 09.03.2005

Date	<p><u>Day 1 23/4/05 (Sat)</u> Warm Up: 0830-0915 Start: 0930 Warm Up: 1300 - 1345 Start: 1400</p>	<p><u>Day 2 24/4/05 (Sun)</u> Warm Up: 0830-0915 Start: 0930 Warm Up: 1300-1345 Start: 1400</p>
Organizer	Sports Federation & Olympic Committee of Hong Kong, China	
Co-Organizer	Hong Kong Amateur Swimming Association	
Subvented Body	Leisure and Cultural Services Department	
Venue	Shing Mun Valley Swimming Complex	
Entry Conditions	<ul style="list-style-type: none"> ❖ All competitors must be 2005/06 registered swimmers (SW) of HKASA ❖ Swimmers should reach the qualifying standard as attached 	
Entries	<ul style="list-style-type: none"> ❖ Entries must be submitted with HKASA master entry forms & fees. Incorrect information or not qualified swimmers will be rejected and fees paid will not be refunded. ❖ Late entries will not be accepted. ❖ HK\$12.00 per event. 	
Closing Date for Entries	<u>8 April 2005 (Friday)</u>	
Closing Date for Registration	<u>1 April 2005 (Friday)</u>	
Event list and Qualifying Standards	Please refer to the attached list.	
Format	Timed Final	
Seeding Format	<ul style="list-style-type: none"> ❖ All swimmers will be seeded according to the submitted entry times and will compete together. 	
Awards	<ul style="list-style-type: none"> ❖ IOC participating certificates to all swimmers. ❖ IOC Medals will be awarded to 1st, 2nd and 3rd places. Swimmer not meeting the respective qualifying times will not be awarded medals. ❖ Challenge Cup for Clubs' Men / Women Team: presented to club having the highest total pointscore for Men/ Women Team. The total score shall be the aggregate sum of the highest pointscore (HK LC Pointscore 2005) achieved by the top FOUR male/female swimmers. (In case of a tie, winner will be determined by the pointscore of fifth swimmer.) ❖ Challenge Cup for Outstanding Male / Female Swimmer: presented to male / female who achieve the highest pointscore (calculated to 2 decimal places in HK LC Pointscore 2005) in individual events. (In case of a tie, winner will be determined by the swimmers' second highest scored event obtained.) ❖ Special awards will be presented to swimmers who break Hong Kong Records. 	
Rules	FINA & Hong Kong Age Group Rules will apply.	
Protest	<ul style="list-style-type: none"> ❖ Any protest shall be made in writing to the Referee within 30 minutes following the result announcement of the respective event with an appeal fee of HK\$200. ❖ If the protest is rejected, fee paid will be forfeited to the HKASA. 	

Event List for XLVIII Festival of Sport - Long Course Swimming Time Trial

Venue: Shing Mun Valley Swimming Complex

Date: 23-24 April 2005

Day 1						
Women	QT	Event			QT	Men
			100M	Freestyle	1:00.32	1
2	2:35.50	Freestyle	200M			
			50M	Breaststroke	37.72	3
4	1:32.50	Breaststroke	100M			
			400M	Ind. Medley	5:45.50	5
6	1:19.50	Butterfly	100M			
			100M	Backstroke	1:15.00	7
8	38.00	Backstroke	50M			
Lunch Break - Synchronized Swimming Demonstration (TBC)						
			200M	Butterfly	2:39.00	9
10	2:55.00	Ind. Medley	200M			
			400M	Freestyle	5:05.50	11
12	33.20	Freestyle	50M			
			200M	Breaststroke	3:01.50	13
14	11:08.50	Freestyle	800M			
			50M	Butterfly	30.82	15
16	2:54.50	Backstroke	200M			
Day 2						
			200M	Freestyle	2:14.65	17
18	1:10.49	Freestyle	100M			
			100M	Breaststroke	1:20.20	19
20	43.00	Breaststroke	50M			
			100M	Butterfly	1:10.29	21
22	6:15.00	Ind. Medley	400M			
			50M	Backstroke	33.38	23
24	1:22.00	Backstroke	100M			
Lunch Break - Water Polo Demonstration (TBC)						
			200M	Ind. Medley	2:35.73	25
26	2:51.50	Butterfly	200M			
			50M	Freestyle	27.43	27
28	5:19.46	Freestyle	400M			
			1500m	Freestyle	20:11.50	29
30	3:18.50	Breaststroke	200M			
			200M	Backstroke	2:41.50	31
32	36.50	Butterfly	50M			