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<Press Release>

64th Festival of Sport
Hong Kong Long Course Swimming Time Trial II - New Hong Kong Records & Result

64th Festival of Sport Hong Kong Long Course Swimming Time Trial II is completed smoothly and successfully on 18th April 2021 at Hong Kong Sports Institute's Swimming Pool. In the afternoon session, swimmer CHEUK Ming Ho broke the Hong Kong Record in Men 200m Freestyle with time 1:47.97 and swimmer HO, Ian Yentou broke the Hong Kong Record in Men 50m Freestyle with time 22.34.



<<Photo of Cheuk Ming Ho and Referee Cheng Ho Ming Edward after breaking new Hong Kong Record in Men 200m Freestyle>>

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<<Ho, Ian Yentou broke the Hong Kong Record in Men 50m Freestyle>>

The swimmers achieved outstanding results today, please see details as below:

6 Hong Kong Records are broken today, please see the details as below:

Swimmer Name	Event	Time Achieved	OQT (A Time) / OST (B Time) / HK Record
Ms. HAUGHEY, Siobhan Bernadette	Women 200m Freestyle	1:54.89	OQT (A Time) and HK Record
Ms. HAUGHEY, Siobhan Bernadette	Women 50m Freestyle	24.83	OST (B Time) and HK Record
Mr. CHEUK Ming Ho	Men 400m Freestyle	3:50.53	OST (B Time) and HK Record

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Mr. LAU Shiu Yue	Men 200m Backstroke	2:05.07	HK Record
Mr. CHEUK Ming Ho	Men 200m Freestyle	1:47.97	OST (B Time) and HK Record
Mr. HO Ian Yentou	Men 50m Freestyle	22.34	OST (B Time) and HK Record

Please find the Olympic qualified swimmers summary listed (as of 18th April 2021) below for your reference.

Women

Event	Swimmer Name	Time Achieved	OQT (A Time) / OST (B Time)
*50m Free	HAUGHEY Bernadette Siobhan	24.83	B
	*TAM Hoi Lam	25.38	B
*100m Free	HAUGHEY Bernadette Siobhan	53.30	A
	CHENG Camille Lily Mei	55.07	B
	*TAM Hoi Lam	55.14	B
*200m Free	HAUGHEY Bernadette Siobhan	1:54.89	A
	CHENG Camille Lily Mei	2:00.20	B

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400m Free	HAUGHEY Bernadette Siobhan	4:11.90	B
	HO Nam Wai	4:14.04	B
1500m Free	HO Nam Wai	16:51.05	B
100m Back	AU Hoi Shun Stephanie	1:00.22	A
	WONG Toto Kwan To	1:01.29	B
100m Breast	YEUNG Jamie Zhen Mei	1:08.70	B

Plus 4x 100m & 4 x200m Free Relay

Men

Event	Swimmer Name	Result	OQT (A Time) / OST (B Time)
50m Free	Ian Yentou HO	22.18	B
*200m Free	CHEUK Ming Ho	1:47.97	B
*400m Free	CHEUK Ming Ho	3:50.53	B
800m Free	CHEUK Ming Ho	8:03.41	B

*Subject to FINA's approval

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You may download the high resolution photos at the following link:-

https://drive.google.com/drive/folders/1P7NdzJHOQdcQGJ_ymM5HGad_Lkb_1Pa7

Please note that the link will be **invalid** after **20th April 2021 (Tuesday)**.

Should you have any enquiry, please feel free to contact Ms. Queenie WONG, Ms. Charling CHEUNG or Ms. Della LEUNG at 2572 8594

Hong Kong Amateur Swimming Association
18th April 2021

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<新聞稿>

第 64 屆體育節 - 香港長池游泳計時賽 II - 成績概覽

第 64 屆體育節 - 香港長池游泳計時賽 II 已於四月十八日於香港體育學院順利完成。香港一班頂尖泳手事隔 1 個月時間，再參與閉門式比賽並帶來喜訊！卓銘浩在男子 200 米自由泳項目中，以 1 分 47 秒 97 再打破自己創下的香港紀錄。而何甄陶亦於男子 50 米自由泳中以 22.34 成績刷新了新的香港紀錄。



<<卓銘浩於男子 200 米自由泳中刷新新香港紀錄後與總裁判鄭皓明合照>>

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<<何甄陶亦於男子 50 米自由泳中刷新了新的香港紀錄>>

今天賽事一共有 6 項新的香港紀錄。詳情可參閱以下列表：

泳員姓名	項目	成績	OQT (A Time) / OST (B Time) / HK Record
何詩蓓	女子 200 米自由泳	1:54.89	OQT (A Time) and HK Record
何詩蓓	女子 50 米自由泳	24.83	OST (B Time) and HK Record
卓銘浩	男子 400 米自由泳	3:50.53	OST (B Time) and HK Record
劉紹宇	男子 200 米背泳	2:05.07	HK Record

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卓銘浩	男子 200 米自由泳	1:47.97	OST (B Time) and HK Record
何甄陶	男子 50 米自由泳	22.34	OST (B Time) and HK Record

暫時擁有 A Time 或 B Time 詳情

女

項目	泳員姓名	時間	OQT (A Time / OST (B Time))
*50 米自由泳	何詩蓓	24.83	B
	*譚凱琳	25.38	B
100 米自由泳	何詩蓓	53.30	A
	鄭莉梅	55.07	B
	譚凱琳	55.14	B
200 米自由泳	*何詩蓓	1:54.89	A
	鄭莉梅	2:00.20	B

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400 米自由泳	何詩蓓	4:11.90	B
	何南慧	4:14.04	B
1500 米自由泳	何南慧	16:51.05	B
100 米背泳	歐鎧淳	1:00.22	A
	黃筠陶	1:01.29	B
100 米蛙泳	楊珍美	1:08.70	B

另外香港隊現時擁有 2 項接力奧運入場券，4x100 米及 4x 200 米自由泳接力

男

項目	泳員姓名	時間	OQT (A Time / OST (B Time))
50 米自由泳	何甄陶	22.18	B
*200 米自由泳	卓銘浩	1:47.97	B

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*400 米自由泳	卓銘浩	3:50.53	B
800 米自由泳	卓銘浩	8:03.41	B

*待國際泳聯審批

高 清 照 片 已 上 載 至 以 下 網 址 <https://drive.google.com/drive/folders/1-QnMakXceT3siQg9I5YQ1bJZT65kL12g?usp=sharing>

請留意網址有效至四月二十日(星期二)。

如有任何問題，歡迎致電 2572 8594 與本會職員黃小姐、張小姐或梁小姐聯絡。

香港業餘游泳總會

二零二一年四月十八日